



7th

10-mile and 20-mile Events
April 3, 2004 at 9:00 am
Brainerd, Minnesota

HISTORY: The 7th Annual Bataan Memorial Death March will be held in Brainerd, Minnesota at 9am on Sat, April 3, 2004. The 1st Battalion, 194th Armor is the proud organizer of the event. The 10-mile and 20-mile foot march is in commemoration of all the individuals, both civilian and military, that were forced to march on foot over 55 miles, in less than five days from the Bataan Peninsula to Camp O'Donnell, on the island of Luzon in the Philippines, in April 1942. Of the 78,000 individuals that were forced to complete the march with little food or water, about 60,000 survived this incredibly physical trip. Many soldiers from the original Brainerd Army National Guard tank unit were part of this historic event over 60 years ago. This is a march to commemorate both the efforts of the survivors and those less fortunate.

ENTRY REQUIREMENTS: This event is open to everyone and you can enter as individuals or as a member of a team and can run or walk.

MARCH INFORMATION: The march begins and ends at the Brainerd Training and Community Center (TACC), 1115 Wright St. The course will be closed at 4:00 pm. Any individual still on the course at 4pm will be picked up and transported back to the Brainerd TACC. The course is mixed asphalt, gravel, and trail and is generally flat to rolling. There are aid stations, course marshals, mile markers, medical personnel, and porte-potties on the course. All participants receive commemorative t-shirt, participation certificate, and ticket for free meal.

VOLKMARCHERS the event is sanctioned by the American Volkspart Association (AVA), a member of the International Federation of Popular Sports (IVV). There will be a 10K event, credit of 17K for participating in the 10-mile event, or 34K for the 20-mile event. All volkmarchers must start at 9am, as this is a guided walk. IVV Cards/Books will be available during registration. The cost of the book is an additional \$5.00. The course is rated a 3, as the gravel is difficult and we will be finishing along a stretch of path that is low maintenance. All volkmarchers will be given a number to wear on the FRONT.

10-MILE PARTICIPANTS are divided into three age groups per sex, 39 and under, 40-59, and 60 and over.

20-MILE PARTICIPANTS-MILITARY PERSONNEL Light Division uniform will consist of BDU's, patrol/soft cap, issued combat boots from any service, and unit LBE with 2 filled canteens/covers or camelback. Heavy Division uniform will consist of BDU's, patrol/soft cap, issued combat boots from any service, and 35-pound rucksack with frame and 2 filled canteens/covers or camelback. **CIVILIAN PERSONNEL** participants can wear any outfit that is comfortable, but try to dress in layers and according to the weather. Hiking boots are recommended if you are just marching. If you are competing in the Heavy Division, you must also have a 35-pound rucksack of any type.

TEAMS must consist of 5 members in whom all 5 must finish with the required equipment at the same time to compete, if a team doesn't finish with all 5 members it is counted as a Did Not Finish and not counted. **MIXED TEAMS** must have at least 1 person of the opposite sex as members and only compete in the light division. A 5-meter buffer between teammates 1-5 is allowed at the finish. This will be marked before the finish area. Substitutions of members are allowed at a cost of \$5/sub. ID's will be checked for teams. The race director will handle all disputes and disqualifications

AWARDS: Awards are given to the first three (3) finishers in each category, except for the Volksmarchers. 10 mile awards and drawings will be held at 1130 am. 20-mile awards and drawings will be held at 4pm

VOLKMARCHERS: COURSE MAPS: Will be available on race day during registration.

EVENT TIMELINE: Friday, April 2, 2004 1200-1900 Registration at Brainerd TACC
Saturday, April 3, 2004 0630-0830 Race day Registration
0830-0845 Opening Ceremonies
0900-March Begins
1130 10-m/10K volkmarch awards
1200-1630-Spaghetti and Brat Feed
1500-1515 Wreath Laying Ceremony
1600 20-m awards



EVENT:
10, 17 or 34K VOLKSMARCH
10-MILE
20-MILE IND
20-MILE TEAM
HEAVY
MIXED
LIGHT

SEX: MALE FEMALE **AGE:** [] on April 3, 2004

NAME: _____
ADDRESS: _____
CITY/STATE/ZIP: _____
T-SHIRT SIZE(Circle one) S M L XL XXL

REGISTRATION: No refunds (Make checks payable to Bataan Memorial Death March)
Early Registration Received by 20 Mar \$10/IND \$50 TEAM
Late/Race Day Registration \$25/IND \$125/TEAM
Mail entry form to: HQ, 1-194th AR, ATTN: Bataan Memorial Death March,
SSG ELG, 1115 Wright Street, Brainerd, MN 56401-4720

(Each team member needs to fill out a registration form and list all team members)

TEAM NAME	RANK(if applicable)	UNIT	FIRST NAME	TEAM CPT	LAST NAME	UNIT
TEAM MEMBER 1.						
TEAM MEMBER 2.						
TEAM MEMBER 3.						
TEAM MEMBER 4.						
TEAM MEMBER 5.						

WAIVER: I understand that participating in this event is potentially hazardous, and that I should not enter and participate unless I am medically able and properly trained. In consideration of the acceptance of this entry, I assume full and complete responsibility for any injury or accident, which may occur while I am traveling to or from the event, during the event, or while I am on the premises of the event. I also am aware of and assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, effect of weather, traffic, and conditions of the road. I, for myself and my heirs and executors, hereby waive, release and forever discharge the event organizers, sponsors, promoters, representatives, successors and assigns, and all other persons associated with the event, for my all liabilities, claims, actions, or damages that I may have against them arising out of or in any way connected with my participation in this event. Every effort will be made to make this a safe, enjoyable, and memorable event. *I have read the foregoing and certify my agreement by my signature below(Parent or guardian must sign if applicant in under 18 years of age)*

SIGNATURE: _____ **DATE:** _____

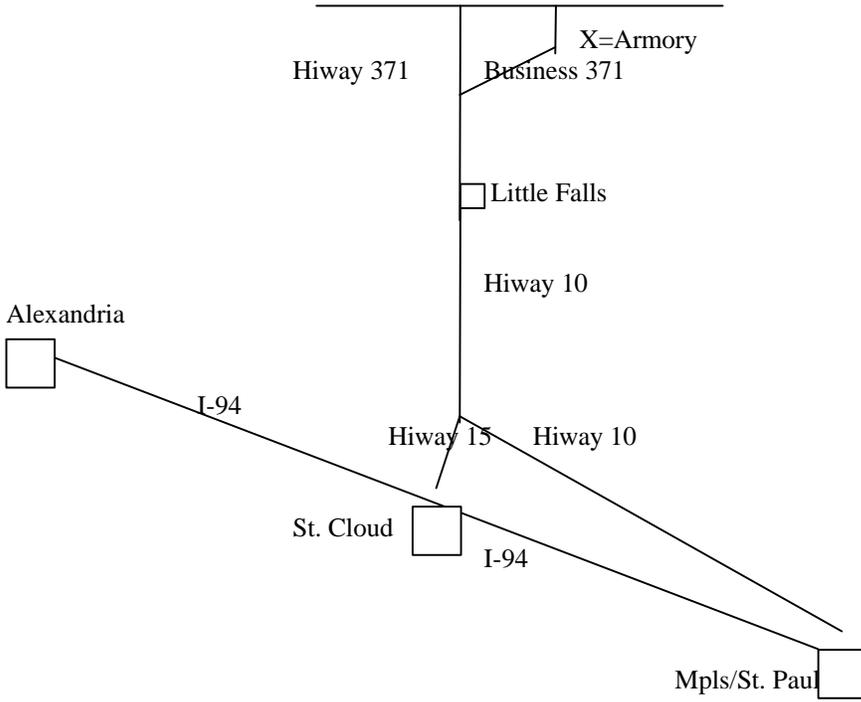
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ACCOMODATIONS: Please check out the following listed accommodations when staying in the Brainerd area.

Americinn Lodge and Suites-218-829-3080
Cragun's Resort-218-825-2700
Hawthorn Inn & Suites-218-825-3972
White Gables Motel-218-829-7010
Days Inn-218-829-0391
Paul Bunyan Inn-218-829-3571

Super 8 Motel-218-828-4288
Downtown Motel-218-829-4789
Rapids River Lodge-218-825-7234
Country Inns & Suites By Calrson-218-828-2161
Econolodge Motel-218-828-0027
Ramada Inn-218-829-1441

Hiway 210 (Brainerd)



BRAINERD Hiway 210

